# Mountrath Ballyfin Onling Newsletter 19th May Feast of Pentecost

# Cemetery Masses during 2024

Ballyfin Cemetery Sun. 9th June

Mountrath Cemetery Fri. 28th June

Clonenagh Cemetery Fri. 5th July

(Cemetery on Left, Mountrath to Portlaoise)

Clondarrig Cemetery Wed. 7th Aug.

Boghlone Cemetery Wed. 4th Sept.

All Masses will commence at 7.00 pm

#### Kathleen Moloughney (née Delaney) Rosemary St., Roscrea, R.I.P.

We pray for Kathleen who died peacefully at Dean Maxwell Nursing Home, Roscrea on Thurs. 9th May. Kathleen's Funeral Mass was celebrated in St. Cronan's Church on Mon. 13th May followed by burial in adjoining Cemetery. We extend sympathy to her family, Mary, Pat, Catherine, Seamus (Fr. O'Connor Cresc) Joseph, Anne and Pamela and their families, sons-in-law, daughters-in-law, her thirty grandchildren and forty-two great-grandchildren, nieces, nephews and wide circle of friends.

#### Martin Phelan, Clondalkin, Formerly Cavansheath, R.I.P.

We pray for Martin who died peacefully at Tallaght General Hosp., on Tues. 14<sup>th</sup>
May 2024. Martin's Funeral Mass was celebrated in St. Fintan's Church,
Ballyfin on Fri. 17<sup>th</sup> May followed by burial in Ballyfin Cemetery. We extend
sympathy to all his family and extended Phelan
and Mc Dermott families.

May Kathleen and Martin rest in the peace of Christ.

## Mountrath Ballyfin Parish News 19th May '24

St. Fintan's Parish, Mountrath — Ballyfin Feast of Pentecost

#### **Parish Contacts**

Website www.mountrathparish.ie
Email - jmbrophy2@gmail.com
Name of Parish App.
Mountrath and Ballyfin Parishes

# Ballyfin Vintage

And

#### Veteran Club

Field Day

Sun. 26<sup>th</sup> May

10.00 am - 6.00 pm

A Great Family Day-Out.

# Kildare & Leighlin Pilgrimage Day in Knock, June 2nd.

Join Bishop Nulty and the Kildare and
Leighlin family in Knock on June 2nd. Names
now been taken call to the parish office or
phone 057 8624390 (seat €20). Bus leaving
Mountmellick at 8.30am. 2.30pm Ceremonies begin in the Basilica with the
Anointing of the Sick. 3.00pm - Pilgrimage
Mass, followed by Rosary Procession and
concluding with Benediction. Ceremonies
are usually concluded by 5.00pm.

#### Lourdes Pilgrimage

Mountmellick, Ballyfin, Mountrath. 30th July, for 7 nights. €995 (plus travel insurance) per person sharing. Deposits are now required. For full information contact Eleanor Duff 087 767 0915

# If you wish to contribute directly through your Bank account to Parish funds Here are our Bank Account details

Ballyfin Parish - (A.I.B. Portlaoise Branch)

Lyster Square, Portlaoise.

Name of Account - Ballyfin Parish Pastoral Council

IBAN - IE44 AIBK 9332 7900 203030

BIC. - AIBKIE2D

#### Mountrath Parish - Bank Account Details

(Bank of Ireland) (Portlaoise Branch)

Name - Mountrath Parish Current Account -

Account number - 7274 7250

IBAN - IE93 BOFI 9018 2972 7472 50 -

BIC. - BOFIIE2D

If contributing to Parish directly through our bank account please include your own name as the reference.

Thank you for your generous support of Mountrath and Ballyfin Parishes

#### Arranging Anniversary Mass or Month's Mind Mass

The traditional way of arranging an Anniversary Mass remembrance was by visiting the Sacristy before or after Mass and making the necessary arrangement with the priest, who wrote the intention into the Anniversaries Diary, there and then.

However, since Covid this practice has changed.

Arrangements for Anniversary Mass remembrances and Month's Mind Masses are, more often than not, now arranged by email, text message, whatsapp, by phone, among many other ways. Which is great.

On the down-side, it can be quiet difficult to keep track of all these ways. Sometimes emails can go to folders on the computer other than the main folder and
are not seen straight away. The same can apply to text messages and Whatsapp.
messages. This can cause a problem when I have no knowledge of these emails /
messages coming in and are sometimes not detected at the time.

#### Can lask you -

if you send me an email, text message or a message on Whatsapp, or any way, other than visiting the Sacristy, requesting an Anniversary Mass remembrance or arrangements for a Month's Mind Mass and don't hear from me or don't see the relevant name / names in the Newsletter, please give me a call on 087 241 1594

#### A Note from Bishop's House Re. Baptism Team Training

A training day for baptism teams will take place in the Cathedral Parish Centre, Carlow from 10 am - 4 pm on Sat. 25<sup>th</sup> May. Tea/coffee will be provided throughout the day. Those coming are asked to bring a packed lunch. The day will explore the why of a baptism team, what happens at the celebration of baptism, what does a baptism team do and the different models of working well as a baptism team. Practical handouts will be provided to participants.

If your parish intends to send people to this training please register with Christine at <a href="mailto:fds@kandle.ie">fds@kandle.ie</a> giving 1) the name of your parish 2) how many people are coming and 3) a contact name and their contact details for the group.



#### We Hold and Keep in our Thoughts and Prayers

People, their families and carers, who are ill or unwell – at home, in hospital or Nursing Home or undergoing any surgical or medical procedures. 
We wish them a speedy recovery

A very sincere thank you - to you and your family - for your very generous support of and continued commitment to Mountrath and Ballyfin Parish and Mountrath and Ballyfin Lotto

See our Parish App. Mountrath Ballyfin Parishes

# Safeguarding Children Parish Reps.

Ballyfin Parish Triona O'Rourke and Peter Byrne
Mountrath Parish Caroline Moore and Pachelli Walsh
Diocesan Designated Liaison Person: Ms. Ailish Higgins.

Deputy Diocesan Liaison Person: Ms Michelle Hughes,

c/o Bishop's House, Dublin Rd, Carlow Ph. 085 802 163

#### Kildare and Leighlin Diocesan Pilgrimage to Knock Shrine

Bishop Denis Nulty invites you to join him and parishioners from across the Diocese at the Shrine of Our Lady of Knock on Sun. 2nd June. Ceremonies begin at 2.30pm

# Dates of 1st Holy Communions

Sun. 5<sup>th</sup> May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun.26<sup>th</sup> May Mountrath Church 11.30 am

With Children of all Mountrath Primary Schools

Sun. 19<sup>th</sup> May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26<sup>th</sup> May Ballyfin Church. 2.00 pm

With Children of Barnashrone NS

# Ballyfin Anniversaries

#### Mass Times Anniversaries

Sat 18th -Sun. 26th May

Fri 17<sup>th</sup> May 5.00 pm Exposition of Blessed Sacrament.

Sat. 18<sup>th</sup> May 8.00 pm Vigil Mass for Feast of Pentecost

Sun. 19<sup>th</sup> May 10.00 am William and Julia Conroy, Barkmills.

2.00 pm 1st Holy Communion Mass

With children of Ballyfin School

Mon. 20th May 7.00 pm Apostolate of Sanctification.

Fri. 24<sup>th</sup> May 5.00 pm Exposition of Blessed Sacrament.

Sat. 25<sup>th</sup> May 8.00 pm Feast of Most Holy Trinity

Sun. 26<sup>th</sup> May 10.00 am Feast of most Holy Trinity

2.00 pm 1st Holy Communion Mass

With children of Barnashrone School

Mon. 27<sup>th</sup> May 7.00 pm Apostolate of Sanctification.

Lord, for your faithful people, Life is changed, not ended

#### Mountrath Anniversaries

#### Mass Times Anniversaries Sat. 18<sup>th</sup> - Sun. 26<sup>th</sup> May

Sat. 18<sup>th</sup> May 7.00 pm Kitty Byrne, Ringstown. 21<sup>st</sup> Anniv.

Sun 19th May 9.00 am The Hollow Ch. Mass of Pentecost Sunday

John and Julia O'Connor, Coolnareen

Andy and Sheila O'Connor, Coolnareen.

Sheila's 12<sup>th</sup> Anniv.

11.30 am Mass of Pentecost Sunday

Tues. 21st May 10.00 am William Kelly, Clonagown. 50th Anniv.

Wed. 22<sup>nd</sup> May 10.00 am

Thur. 23<sup>rd</sup> May 10.00 am

Fri. 24<sup>th</sup> May 10.00 am Altar List of the Dead.

Sat. 25<sup>th</sup> May 7.00 pm Peadar Rice, Forrest 3<sup>rd</sup> Anniv.

Bobby Molloy, Portlaoise Rd., 3rd Anniv

Liam McRedmond, Forrest

Sun. 26<sup>th</sup> May 9.00 am The Hollow Ch.

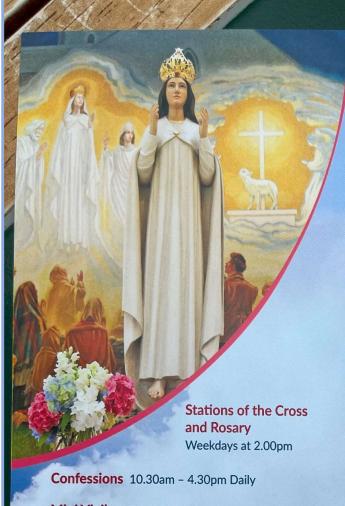
11.30 am Feast of Most Holy Trinity

1st Holy Communion Day in Mountrath

Sarah (Sally) Osborne (Nee Loughnane)

Fr. O'Connor Cresc. 2<sup>nd</sup> Anniv.

Lord, for your faithful people, life is changed, not ended.



Mini Vigils Mini Vigils take place on the first Friday

of each month during the pilgrimage season, 9.00pm to Midnight in the

Parish Church

NOVENA 14 - 22 August 2024.

> Daily ceremonies at 3pm & 8pm. See www.knockshrine.ie for further details of guest speakers.

#### **Creation Walk**

Weave your way through the evolution of our planet, while prayerfully pondering God's Creation.

This new walk has been created under the guidance of Fr. Brian Grogan SJ.



#### **Knock Prayer Centre**

Open daily 10am to 6pm from May 6th, 2024. Guided Prayer sessions throughout the day. Spiritual Direction available at Chapel of Reconciliation.

# KNOCK

# SUMMER PROGRAMME 2024

#### Mass times: SUNDAYS AND HOLY DAYS

Parish Church 10.30am & 12noon Basilica 3.00pm Basilica

#### Adoration

11.30am-6.30pm Blessed Sacrament Chapel

7.00pm - 9.00pm Apparition Chapel (Evening Prayer 8.30pm)

#### **Sundays: Pilgrimage Ceremonies**

2.00pm Rosarv

2.30pm Anointing of the Sick

3.00pm Concelebrated Mass followed by

**Eucharistic Blessing.** 

Benediction of the Blessed Sacrament. Outdoor Rosary Procession (weather permitting)

#### Mass times: WEEKDAYS AND SATURDAYS

9.00am Parish Church 12noon Basilica

3.00pm Basilica with Anointing of the Sick 7.30pm Parish Church (Rosary at 7pm)

#### Adoration

9am - 6.30pm **Blessed Sacrament Chapel** 

7.00pm - 9.00pm Apparition Chapel (Evening Prayer 8.30pm)

#### **Knock Museum**

Find out more about the compelling story of Knock Shrine at the award-winning Knock Museum.

Open daily from 10am to 6pm with free admission.



#### **Knock Counselling Centre**

Drop-in Listening Service available every Thursday and Sunday, 11am to 3pm.



# Dates for Celebration of 1st Holy Communion

Sun. 5<sup>th</sup> May The Hollow Church 9.00 am

With Children of Gaelscoil Thromaire

Sun.26<sup>th</sup> May Mountrath Church - 11.30 am

With Children of all Mountrath Schools --

# Note Change of Date

Sun. 19<sup>th</sup> May Ballyfin Church 2.00 pm

With children of Ballyfin National School

Sun. 26<sup>th</sup> May Ballyfin Church. 2.00 pm

With Children of Barnashrone National School

# Mountrath Parish Lotto 16th May

Nos. Drawn 6 13 15 30

No Jackpot Winner

6 Match 3 Rec. € 167.00 each

3 Local Winners

Linda and Mack Irvine .

Promoter, Bernie Phelan

Billy Delaney Promoter, David Tobin

Maher Family, Promoter, M.Farrell

Next Week's Jackpot € 14,000

# Ballyfin Parish Lotto Wed. 15th May

Nos. Drawn 8 19 22 27

No Jackpot Winner

19 Match 3 Winners Rec. € 53 ea

# Next Week's Jackpot € 19,000

A very special thank you for your very generous support of and continued commitment to Mountrath and Ballyfin Parish Lottos



## Mountrath Ballyfin Lottos

# Next Week's



Ballyfin € 19,000

Mountrath € 14,000

# 的的的的的的的的的的的的

# **Music Classes in**

# AND STORY

# Mountrath

## Violin

Thursdays 3-30 pm on from 3 years -adult

€ 20 for 30 min individual lesson

Irene 089 981 8065

# **Trad Music**

Saturdays from 11 am 6 + years

€ 8 for 30 min group class

Eabha 083 856 6083

# **Piano**

Sunday mornings 5+ years

€20 per 30 min lesson

Heather 083 054 7772





#### Monday 11 am Mature Movers 7 pm Mixed Circuit Training (suitable for Beginners & Advance) 7 pm Yoga\* 7 pm Karate\* Tuesday 10 am Beginner TRX 11 am Bowls Inc. 1.15 pm Lunchtime HITT Wednesday 11 am Mature Movers 7 pm Mixed Circuit Training 7-8 pm BJJ (8-12) 8-9 pm BJJ (13+) **Thursday** 10 am Beginner TRX 11 am Activator Poles Inc. 1.15 pm Lunchtime HITT 7 pm Karate\* 8 pm Bowls\* **PAYG Friday** and 5.30 pm Kickboxing (3-7)\* **Members** 6.30 pm Kickboxing (8-12)\* **Always** 7.30 Kickboxing (13+)\* Welcome 9 am Circuit Training \*These Classes 10 am BJJ (8-12) are not included 11 am BJJ (13+) in the 12 am Pilates\* Membership fee









Brigidine Convent, Patrick st, Mountrath, R32 DC58

## State of the Art Conference Centre with 7M Screen, projector, Full AudioVisual, Gigabyte Broadband





#### SeniorLine

Would you like someone to talk to? SeniorLine is Ireland's national telephone service for older people, open every day of the year 10.00 am to 10.00 pm, they can be contacted on Freephone 1800 80 45 91.

Callers may feel isolated, alone, wish to discuss a problem in confidence, or for company during their day. SeniorLine's volunteers are trained to listen, to support, to discuss options and refer the caller to other helpful services available if necessary.

So don't be alone if sharing a problem would help, phone SeniorLine.





# Saturdays 12-1 pm 6 weeks starting 25th May



#### € 60 for 6 weeks

Mountrath Health & Fitness Academy, Patrick st, Mountrath R32 DC58



Sabrina 087 646 7305

https://www.mountrathgym.com/memberships/pilatesinmountrath







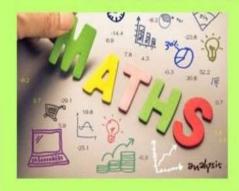
# CHEMISTRY, JC MATHS AND JC SCIENCE GRINDS

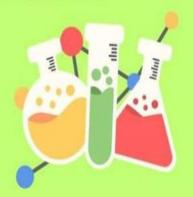
LOCATION: BLOOM HQ MOUNTRATH (R32 DT9F)

DATES: EVERY SATURDAY MORNING STARTING THE 13TH OF APRIL 2024

CONTACT: AISLING ON 087 7917268
TO BOOK YOUR PLACE.

#### PLACES ARE LIMITED.







# March-April 2023 TIMETABLE

#### Monday

11 am Mature Movers 7 pm Mixed Circuit Training 7 pm Karate\*

7 pm Yoga\*

#### Tuesday

10 am Beginner TRX 11 am Bowls Inc. 1.15 pm Lunchtime Hitt 7.30 pm Zumba \*

#### Wednesday

11 am Mature Movers
5 pm Art & Craft \*
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

#### **Thursday**

10 am Beginner TRX 11 am Activator Poles Inc. 1.15 pm Lunchtime Hitt 7 pm Karate\* 8-pm Bowls\*

#### Friday

5.30 pm Kickboxing (3-7)\*
6.30 pm Kickboxing (8-12)\*
7.30 pm Kickboxing (13+)\*

#### Saturday

9 am Circuit Training 10-11 am BJJ (8-12) 11 am BJJ (13+)



**PAYG** 

and

Members

Always

Welcome











# Zumba





St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings <u>www.fitandjoy.ie</u> for more information contact Joanna on 0894653938



LOOKING FOR AN

#### BLOOM HO

# **OFFICE TO RENT**

IN LAOIS?

RENT FOR AN HOUR/A
DAY/WEEKLY
CONTACT 089 272 2885 OR
MANAGER@BLOOMHQ.IE



# 

# **Music Classes in**

# Mountrath

# **Violin**

Thursdays 3-30 pm on from 3 years -adult

€ 20 for 30 min individual lesson

Irene 089 981 8065

## **Trad Music**

Saturdays from 11 am 6 + years

€ 8 for 30 min group class

Eabha 083 856 6083

## **Piano**

Sunday mornings 5+ years

机机机机机机机机机机机机机

€20 per 30 min lesson

Heather 083 054 7772





-GED FIT-COACHING

FITNESS CLASSES

TUESDAY &
THURSDAY
CLASS STARTS AT 7 PM

WEIGHTS & CARDIO TRAINING

ADDRESS:

MOUNTRATH CO.LAOIS EIR CODE: R32 DT9F

NO MEMBERSHIP NEEDED PAY ONCE YOU BOOK A CLASS





FOR MORE INFO & CLASS BOOKINGS CONTACT ME ON INSTAGRAM @GEDFITCOACHING

LIMITED SPACES AVAILABLE



#### Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Fridays 5.30 pm 3-7 years, €7 Kickboxing 6.30 pm 8-12 years, €7

First trial class free

Shane: 086 339 9287



8-12 years,

Brazilian Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu\* € 35 per month or €5 per class

Jamie; 085 200 2497



Art & Craft

Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes

Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult

€20 for 30 min individual lesson

Irene: 089 981 8065

**Trad Music** 

Saturdays from 11 am, 6+ years €8 for 30 mins group classes Eabha 083 8566083



Violin

Sunday mornings €20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher







# March-April 2023 TIMETABLE

#### Monday

11 am Mature Movers 7 pm Mixed Circuit Training 7 pm Karate\*

7 pm Karate 7 pm Yoga\*

#### Tuesday

10 am Beginner TRX 11 am Bowls Inc. 1.15 pm Lunchtime Hitt 7.30 pm Zumba \*

#### Wednesday

11 am Mature Movers
5 pm Art & Craft \*
7 pm Mixed Circuit Training
7-8 pm BJJ (8-12)
8-9 pm BJJ (13+)

#### **Thursday**

10 am Beginner TRX 11 am Activator Poles Inc. 1.15 pm Lunchtime Hitt 7 pm Karate\* 8-pm Bowls\*

#### Friday

5.30 pm Kickboxing (3-7)\*
6.30 pm Kickboxing (8-12)\*
7.30 pm Kickboxing (13+)\*

#### Saturday

9 am Circuit Training 10-11 am BJJ (8-12) 11 am BJJ (13+)

#### PAYG and Members Always Welcome

\*These classes are not included in membership fee











# Zumba





St Philomena's Hall, Bloomhq, Mountrath R32 DC58

Bookings <u>www.fitandjoy.ie</u> for more information contact Joanna on 0894653938

# Saturday Morning **Circuit Training**



9-10 am



€ 7 PAYG or part of your monthly membership



contact 086 3262 570

The Old Convent, Patrick St, Mountrath, R32 DC58







# Mountrath Music Rooms

Lessons in BloomHQ



Violin Lessons

by Irene Ramos 089 9818065

iramos.violinstudio@gmail.com

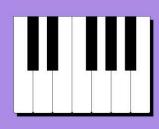
Thursdays



Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin

Cliona & Eabha Dowling McDonald 083 8566083

Saturdays



Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher for times, prices etc

#### Brazilian Jiu-Jitsu/BJJ in Mountrath



Thinking about learning self-defence and the Art of Jiu-Jitsu? A sport that suits all ages from 8 years.

- \*mobility improvement
- \*improve full body strength
- \*better cardio
- \*helps weight loss
- \*improves flexibility

8 yrs- 18 €35 per month Adults €45 per month

€5 per class for under 18's €7 per class for Adults or included in Monthly Membership

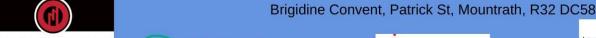
Wednesdays
Kids 7-8 pm
Teens /Adults 8-9 pm

MOUNTRATH

#### **Saturdays**

Kids 10- 11 am Teens /Adults 11 am -12 pm

contact Jamie 085 200 2497









# 1 - 2 person offices for rent in our Social Enterprise centre in Mountrath





# Piano Classes Available

Starting Sunday April 7th BloomHQ Mountrath Contact Heather 083 054 7772



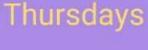


# Mountrath Music Rooms

Lessons in BloomHQ

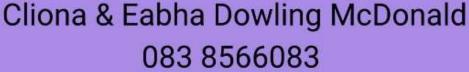


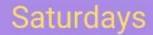
Violin Lessons by Irene Ramos 089 9818065 iramos.violinstudio@gmail.com

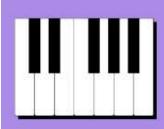




Irish Traditional Music, Whistle, Flute, Concertina, Accordion, Fiddle, Banjo and Mandolin







Piano Lessons

by Heather Gavigan 083 054 7772

Sundays



Contact the relevant teacher for times, prices etc



# **Mountrath Music Rooms**



Contact 089 272 2885 or 057 930 0036 \*Soundproof rooms

\*From € 15 per hour

\*Perfect for music lessons, counselling or grinds

\*free easy car park

\*Waiting space

Brigidine Convent, Patrick St, Mountrath R32 DT9F



# Unislim

Join Today!



Wednesdays 7-8pm

Class Talk 8pm

New members always welcome

9 stone weight loss



Join Unislim for €25
Pay €12 weekly fee thereafter











Piano Classes Available
Starting Sunday April 7th
Bloom HQ, Mountrath
Contact Heather,
0830547772

# **Music Teachers wanted**



for Mountrath Music School \*soundproof rooms

\*free parking

\*waiting area for parents



Zanca



# Classes for Secondary School aged teens in Mountrath Health & Fitness Academy





# Karate

Mondays & Thursdays 7 pm €6 per class

Sensei Donal: 087 760 7063

#### **Kickboxing**

First trial class free

Fridays 7.30-8.30 pm €7

Shane: 086 339 9287



# Brazilian Jiu-jitsu\*

Wednesdays 8-9 pm & Saturdays 11-12 am € 35 per month or €5 per class
Jamie; 085 200 2497





Thursdays 3.30 pm on. €20 for 30 min individual lesson Irene: 089 981 8065



**Trad Music** 



Saturdays from 11 am, €8 for 30 mins group classes Eabha 083 8566083

Sunday mornings 20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher









#### Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Kickboxing 6.30 pm 8-12 years, €7

Fridays 5.30 pm 3-7 years, €7

Shane: 086 339 9287

First trial class free



8-12 years,

Wednesdays 7-8 pm & Saturdays 10-11 am

Jiu-jitsu\* € 35 per month or €5 per class

Jamie; 085 200 2497



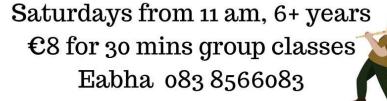
Art & Craft

Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult €20 for 30 min individual lesson Violin

Irene: 089 981 8065

**Trad Music** 





Sunday mornings €20 for 30 min individual lesson Heather 083 054 7772

to book talk to the relevant teacher









# Roadcraft Motorcycle Training

Mick Smith is teaching the new

RSA approved Motorcycle Initial Basic Training (IBT)

here in BloomHQ, the old Convent Mountrath.

For more details and to book see:

www.roadcraft.ie

www.facebook.com/roadcraft.ie



# **Music Teachers wanted**



for Mountrath Music School
\*soundproof rooms
\*free parking

\*waiting area for parents



**contact Lucy 087 259 7895** 

# Activities suitable for Senior Citizens in Mountrath

Mature Movers 50 + Mondays & Wednesdays 11 am





Bowls inclusive 11 am Tuesdays Bowls 8 pm Thursdays

Mountrath Men's Shed Tuesdays 10 am- 1 pm Thursdays 2 pm- 4 pm contact 085 705 3855





Activator Poles Inclusive Thursdays 11 am

contact Ruth 086 3262 570













The Class of 1990
Restoration Project

TABLE QUIZ

St. Philomena's Hall Mountrath

THURSDAY 2ND MAY @8PM (DOORS OPEN 7PM)

TABLE OF FOUR €40

TROPHIES AND CASH PRIZES TO BE WON!!

MONSTER RAFFLE!!

PRIZES GALORE!!

Book Now on Eventbrite and on 1990restproject@gmail.com

rage 1

# VIOLIN LESSONS

by Irene Ramos

- · Discover the joy of music and unlock your creativity
- Weekly individual and ensemble classes for all ages
- From 3-year-olds to adults

Studio based Mountrath

Ages

MUSIC PERFORMANCE

MUSIC PERFORMANCE

MUSIC PERFORMANCE

MUSIC PERFORMANCE

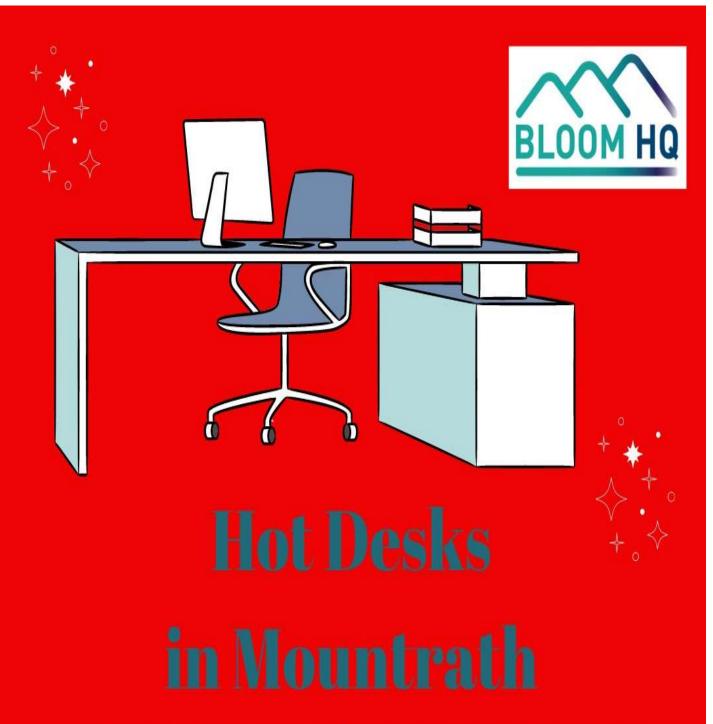
MUSIC PERFORMANCE

FOR RATES AND/OR MORE INFO PLEASE CONTACT ME

Phone: 0773222323

Email: iramos violinstudio@gmail.com





Need somewhere to work for a day with fast broadband? Free parking, canteen onsite.

Desks from 10 euro per day Book on https://connectedhubs.ie

#### **Mountrath Men's Shed**







# Old School on Patrick Street



Tuesdays 10am - 1pm Thursdays 2pm - 4pm

**Contact 0857053855** 







## **Karate Classes**



# Mondays & Thursdays 7 - 8 pm





**Juniors and Adults** 

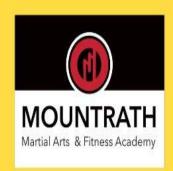


Okinawan Karate



**Black Belt Instructors** 

contact Sensei Donal, 5th dan 087 760 7063 Martial Arts Centre, Old Convent, Mountrath, R32 DC58



# **HIIT Lunchtime class**

# **High-Intensity Interval Training**

Tuesdays & Thursdays

1.15 pm for 40 mins 5 euro a class or

part of your monthly gym package

Book with Ruth 086 3262 570











#### Classes for Primary School aged Children in Mountrath Health & Fitness Academy





Karate

Mondays & Thursdays 7 pm from 6 years up, €6 per class Sensei Donal: 087 760 7063

Kickboxing 6.30 pm 8-12 years, €7

Fridays 5.30 pm 3-7 years, €7

First trial class free

Shane: 086 339 9287



Brazilian Jiu-jitsu\*

\*starting 14th & 17th Feb with free trial

8-12 years,

Wednesdays 7-8 pm &

Saturdays 10-11 am

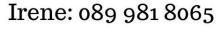
€ 35 per month

Jamie; 085 200 2497



Wednesdays 5-6 pm, 7-12 years € 30 for block of 6 classes Rhiannon: 089 211 5183

Thursdays 3.30 pm on. From 3 years - adult €20 for 30 min individual lesson





**Trad Music** 

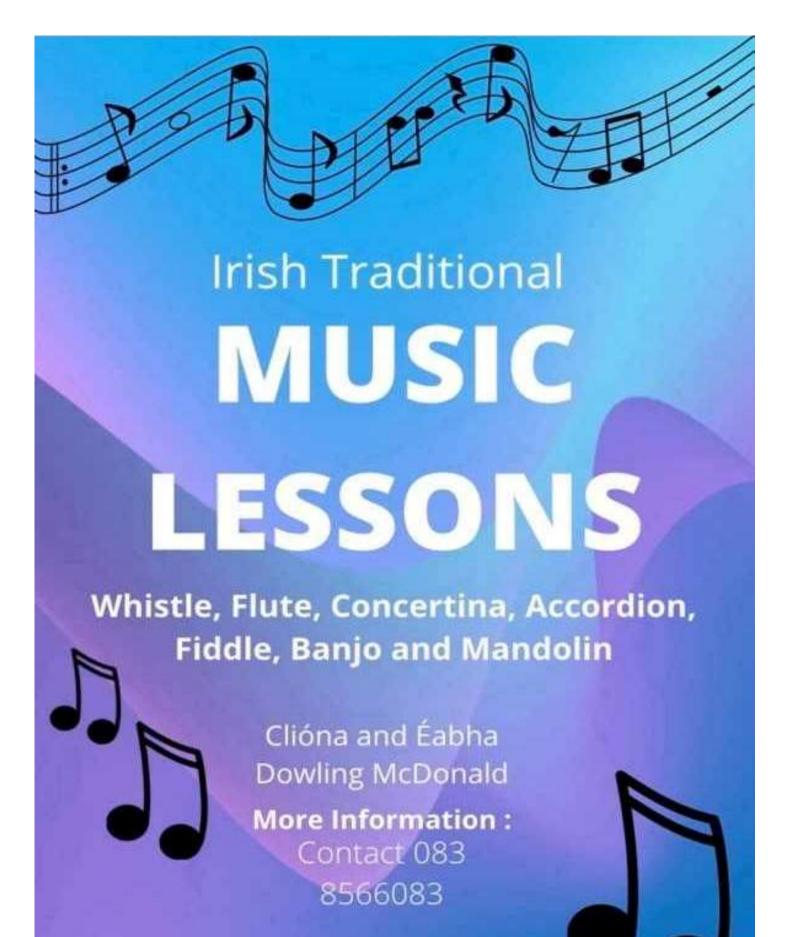
Saturdays from 11 am, 6+ years €8 for 30 min group classes Eabha 083 8566083

to book talk to the relevant teacher









# Music Classes in Mountrath

- Lessons in BloomHQ
- Violin Lessons by Irene Ramos
   0773222323
   iramos.violinstudio@
   gmail.com
- Irish Traditional
   Music, Whistle, Flute,
   Concertina,
   Accordion, Fiddle,
   Banjo and Mandolin
   Cliona & Eabha
   Dowling McDonald
   083 8566083

Contact the relevant teacher to arrange days/times/prices



# Z V D



For our new Music Rooms Contact Lucy 087 259 7895

The Old Convent, Mountrath, Patrick St, R32 DC58





# Mountrath Scouts



Looking for a way for your kids to learn new skills and spend time in the great outdoors why not try scouts!

For all ages from beavers to ventures and into leaders!

## Friday nights

In the brigidine convent (Bloom HQ) Patrick street mountrath R32 DC58

7:00 till 8:30

€5 pp

or

€4 per sibling

#### Scouts is a way to

- Meet new people.
- Learn new skills.
- Spend time outside.
- Make friends for life.





# To care for those who once cared for us is one of the highest honors in life.

- Tia Walker



#### **GRAIGUECULLEN / KILLESHIN**



# Our Lady Perpetual Help

in St. Clare's Church, Graiguecullen

#### 9 MONDAY NIGHTS

8th April - 3rd June 2024

Time: 7.30 pm. (Rosary at 7.10pm)

This is the 19th year of our parish Solemn Novena to Our Lady of Perpetual Help. The purpose of our Novena is to come together as a community to support each other in prayer. Each person comes to the Novena with their own special intentions ranging from the routine pressures of life to the heartbreaking. Petitions can be placed in special boxes in St. Clare's Church. A random selection of these are read out each night at the Novena.

DATE	SPEAKER
8th April	Rev PJ Madden Former General Secretary of the INO - Retired parish priest from New Orleans diocese and served 5 years in Kildare & Leighlin Diocese
15th April	Rachel Doyle  Founder of Arboretum. A qualified horticulturist and author of a new book 'My Tree of Life'
22nd April	Ben Scallan Senior political correspondent with @GriptMedia - Irish journalist and Commentator
29th April	Mick Galwey All Ireland Senior Football Championship medal winner - Irish Rugby Legend and Sports Commentator
6th May	Geraldine Mullan  Geraldine's story of how faith hope and love have carried her since her life changed dramatically in 2020 when her husband & 2 children tragically died
13th May	<b>David Walsh</b> Co-Founder of Netwatch & more recently Halo Care - strategic thinker and vocal advocate of entrepreneurship
20th May	<b>Derek McGrath</b> Former centre-forward and previous manager of the Waterford senior Hurling team.
27th May	Prof Jim Lucey Inspector with Mental Health Commission - writer, broadcaster and public speaker.  (Blessing of the sick will take place at this Mass.)
3rd June	Elma Walsh Founder of the 'Live Life Foundation' in memory of her son Donal who died aged 16 years.

People are invited to place their petitions in the boxes provided in St. Clare's Church.

We will pray for these intentions during our Novena.

#### Message from Safeguarding Office

- Upcoming full-day training in Newbridge Parish Centre, Saturday 13<sup>th</sup> April 10-4pm. If
  anyone would like to attend, please contact Bishop's House or Director of Safeguarding
  to book. (An email has been sent to the trainees booked in directly where email address
  was available).
- Inter-parish safeguarding meetings continue tonight in Killeigh Parochial House.

Remaining dates/times/venues below.

- Thursday 18th April @7.30pm Portlaoise Parish Centre, Portlaoise
- Wednesday 24th April @7.30pm Leighlin Parish Centre, Leighlinbridge
- Thursday 25th April @7.30pm Tullow Parish Centre, Tullow

Please book in by emailing safeguarding@kandle.ie

• Safeguarding Audits must be returned asap. If any parish requires support with completing their audit, they can call or email Director of Safeguarding.

# Annual Day of Prayer and Reflection for Deacons, Candidates and their Families

The third annual Day of Prayer & Reflection for Deacons, Candidates and their Families will take place on Saturday 22<sup>nd</sup> June 2024 at Knock Shrine. This is a great opportunity for Deacons and Candidates to come together and help to promote the ministry of diaconate at a national level. A detailed schedule for the day will issue over the coming weeks once guest speakers have been confirmed. All are welcome to attend.

#### Graiguecullen/Killeshin Parish Novena To Our Lady Of Perpetual Help

Solemn Novena to Our Lady of Perpetual Help takes place in St. Clare's Church, Graiguecullen from the 8<sup>th</sup> April 2024 to 3<sup>rd</sup> June 2024 (9 Monday nights). The Rosary is recited at 7.10 pm and the Novena begins at 7.30 p.m.

We invite people to place their petitions in the petition boxes in St. Clare's Church and during the Novena, through the prayers from our Faith Community and the intercession of Our Lady, we will ask Jesus to relieve whatever burdens we may carry.

#### Join Arthritis Ireland for the VHI Women's Mini Marathon

The Vhi Women's Mini Marathon is just around the corner on the June bank holiday weekend. Arthritis Ireland want to build a strong team of fundraisers to represent us and raise vital funds to support our essential services. Walk, jog or run, the important thing is to take part and show your support for our essential services which are so vital to those living with arthritis in Ireland. Why not get your friends, family and colleagues to join you?? Spread the word to anyone who might be interested. Sign up here today: <a href="https://www.arthritisireland.ie/vhi-">https://www.arthritisireland.ie/vhi-</a> womens-mini-marathon-2024 Contact the fundraising team on <u>fundraising@arthritisireland.ie</u> or 016618188 if you have any questions.